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Articles and Blogs:

Whole Space Family Therapy Blog

https://www.wholespacefamilytherapy.com/blog

Navigating Eating Disorder Treatment, Mirror-Mirror, January 2020 https://mirror-mirror.org/getting-help/navigating-eating-disorder-treatment

Inspired One Step of a Time, Reasons Eating Disorder Center, March 27, 2017 https://reasonsedc.com/inspiring-change-one-step-time-neda-walk/

Why Consider Inpatient Care for Your Patient with an Eating Disorder, Reasons Eating Disorder Center, February 3, 2017

https://reasonsedc.com/consider-inpatient-care-patient-eating-disorder/

Bringing New Life, Reasons Eating Disorder Center, January 24, 2017 https://reasonsedc.com/bringing-new-life-honoring-changing-body/

Presentations:

Guiding Clients with Compassion: Supporting Access to Appropriate Care, March 8, 2024Reasons Eating Disorder Center, Professionals Webinar

Eating Disorders: What to Know as An Educator, November 3, 2023 Fusion Academy, Solana Beach

Connecting and Empowering the Family in the Treatment Process, July 20, 2018 Center for Discovery Professionals Event

Assessment and Treatment of Eating Disorders, 2014 Rady Children's Outpatient Psychiatry Clinic

Assessment and Treatment of Eating Disorders, 2014 San Diego Unified School District

Understanding Eating Disorders for the Dental Professionals, 2013 North San Diego Dental Networking Group

Media and Public Appearances:

Pregnancy Fears and How they Parallel to Recovery, The Recovery Warrior Show, July 19, 2017 https://podcasts.apple.com/us/podcast/pregnancy-fears-how-they-parallel-to-recovery-alyson/id881265212?i=1000390086259

NEDA Walk Promotion & Eating Disorder Awareness, Union Tribune Community Spotlight Radio Show, February 23, 2017